

CLINICIAN PROFILE

Brent Munro

Clinical Psychologist
Managing Director
Board-approved supervisor



Brent provides the clinical care at Axis, from assessment and formulation through therapy, review and communication with referrers.

His background includes extensive senior clinical leadership, work in public and not-for-profit services, and private practice.

How Brent works

The first task is to understand the concern in context: what has happened, what is maintaining the difficulty and what the person wants to change. Therapy follows a shared formulation, with goals and progress reviewed together.

Work may draw on CBT, ACT, EMDR, schema therapy, psychodynamic and interpersonal approaches, and DBT-informed skills. The method and pace depend on the clinical task, the client's preferences and how treatment is progressing.

Experience relevant to referrals

- Adults and professionals, including first responders, veterans, doctors and executives.
- Trauma, overlapping difficulties, longstanding relationship patterns and previous treatment that has not resolved the main concern.
- Cancer, chronic illness, pain, grief and adjustment to changes in health or function.
- Children and young people where psychological therapy is the main need, with care-team roles clarified.

Professional communication

Referrers can contact Axis to discuss the clinical question, treatment role or a concern about shared care. Communication is proportionate to its purpose and follows consent, funding requirements and legal duties.

[Read Brent's profile](#)

Appointments and referral enquiries
info@axispsych.com.au | (08) 9520 6129
Perth CBD rooms and Australia-wide telehealth.