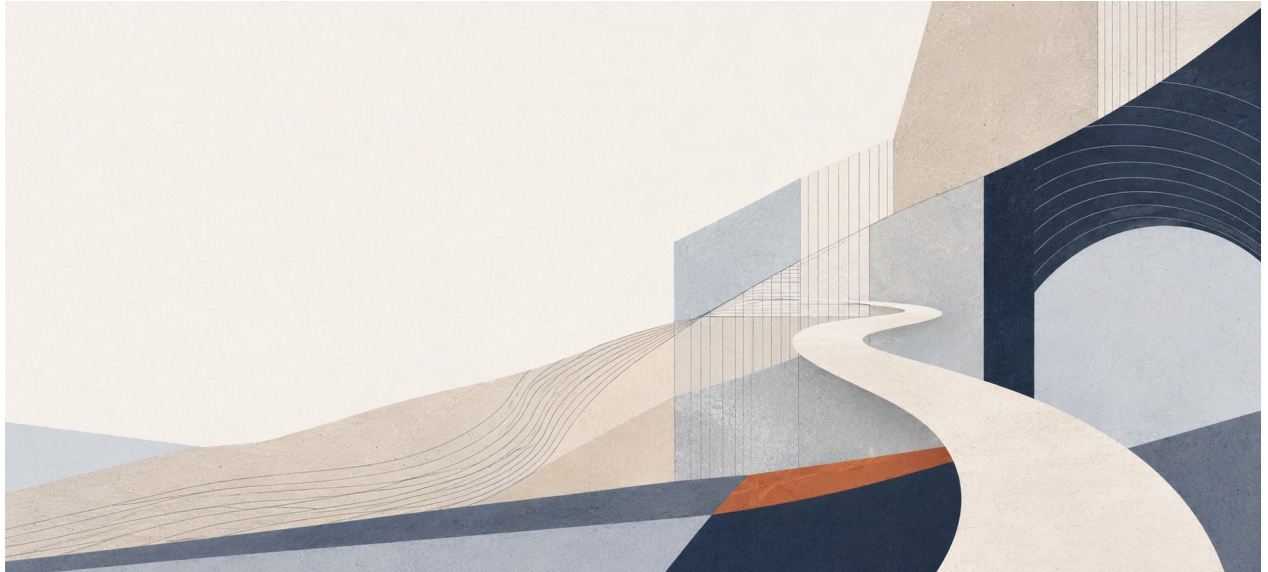


FOR GPs, PSYCHIATRISTS AND OTHER TREATING PROFESSIONALS

Referring to Axis

Therapy with Brent Munro

Perth CBD rooms and Australia-wide telehealth.



Care delivered personally by Brent Munro.

Axis provides individual psychological therapy for people whose difficulties need careful assessment, a clear formulation and a treatment plan that can be reviewed over time.

Common reasons to refer

- Anxiety, depression, OCD, trauma and persistent patterns of distress.
- Work pressure, burnout, relationship difficulties and complex or overlapping concerns.
- Cancer, chronic illness, pain, grief and adjustment to changes in health.

Therapy referrals for children and young people are also considered. Funding and third-party roles are clarified before work begins.

Send professional referrals to info@axispsych.com.au
For referral questions, call (08) 9520 6129.

REFERRER EXPERIENCE PACK / SEPTEMBER 2026

YOUR CLINICIAN

About Brent Munro

Brent Munro

Clinical Psychologist
Managing Director
Board-approved supervisor



Brent provides the clinical care at Axis, from assessment and formulation through therapy, review and communication with referrers.

His background includes extensive senior clinical leadership, work in public and not-for-profit services, and private practice.

How Brent works

The first task is to understand the concern in context: what has happened, what is maintaining the difficulty and what the person wants to change. Therapy follows a shared formulation, with goals and progress reviewed together.

Work may draw on CBT, ACT, EMDR, schema therapy, psychodynamic and interpersonal approaches, and DBT-informed skills. The method and pace depend on the clinical task, the client's preferences and how treatment is progressing.

Experience relevant to referrals

- Adults and professionals, including first responders, veterans, doctors and executives.
- Trauma, overlapping difficulties, longstanding relationship patterns and previous treatment that has not resolved the main concern.
- Cancer, chronic illness, pain, grief and adjustment to changes in health or function.
- Children and young people where psychological therapy is the main need, with care-team roles clarified.

Professional communication

Referrers can contact Axis to discuss the clinical question, treatment role or a concern about shared care. Communication is proportionate to its purpose and follows consent, funding requirements and legal duties.

[Read Brent's profile](#)

MAKING A REFERRAL

Making a referral

Your usual signed referral letter is welcome. The accompanying Axis form is optional and can help organise the clinical and practical information.

What helps us begin

- Client name, date of birth, address and safe contact details; any contact restrictions or access needs.
- Reason for referral, symptoms or diagnosis, functional impact and the question you would like treatment to address.
- Relevant medical and treatment history, current medication, previous response to therapy and current supports.
- Current safety concerns, existing management arrangements and the appropriate contact for coordination.
- Referrer details, funding pathway and the purpose of any requested communication.

Medicare referrals

For a GP pathway, provide the valid signed and dated referral and relevant Mental Health Treatment Plan (MHTP). A plan alone is not a referral. Include the number of services and a statement that an MHTP or psychiatrist assessment and management plan has been prepared. Direct psychiatrist and paediatrician referrals have their own eligible pathway. [1, 2]

The initial individual course may include up to six services. Further courses require a new referral following review, within the annual limit of ten individual services. Sessions already used with another provider count towards that limit; a change of clinician does not reset it. [1]

Fees and rebates

Standard fee	Medicare benefit ¹	Usual gap ¹
\$280	\$149.05	\$130.95

¹ Eligible standard 50-minute individual consultations, in rooms (80010) or by video (91167). Before any Safety Net adjustment. Figures checked 6 September 2026.

Current fees and booking information

Different appointment types, funded services and additional reports or letters may have different arrangements, discussed before the work proceeds.

SHARED CARE AND REFERRAL STREAMS

Reports and referral options

After the referral arrives

Axis acknowledges receipt and contacts the client or referrer to arrange the next step. Appointment format, relevant consent, fees and funding are discussed before treatment begins. A referral acknowledgement confirms receipt; the appointment is confirmed separately.

Clinical updates

With the relevant consent or other lawful authority, updates address the referral question, assessment, treatment, clinically significant progress and recommendations. Safety information is shared when needed for care, in line with professional and legal obligations.

For Better Access, a written report is provided after each course of treatment and when treatment ends before the course is complete. These required reports are distinct from separately scoped reports, letters or third-party assessments. [1]

Choose the relevant route

- Private: clients may contact Axis directly; a referral is not needed for privately funded therapy.
- GP or specialist: include the referral and documents relevant to the eligible Medicare pathway, if used.
- WA Police officers and staff can book 12 fully funded sessions directly with Axis, without a referral or prior approval.
- Veterans / Open Arms: identify the referring service and authorised course of care. Other DVA arrangements are checked separately.
- Workplace, insurer or agency: specify the treatment role, approval, billing contact, reporting recipients and consent limits. Use the organisational guide for these referrals.

Professional referrals: info@axispsych.com.au

Use your organisation's secure email process where available. Contact Axis to agree another transfer method if needed. Do not rely on email for urgent care.

Axis is not an emergency or after-hours crisis service. Immediate danger: 000. Lifeline: 13 11 14. Perth metropolitan Mental Health Emergency Response Line: 1300 555 788.

[1] [Services Australia: referrals, service limits and reporting](#)

[2] [Department of Health: Better Access factsheet, March 2026](#)

[Medicare benefit: in-room consultations \(MBS 80010\)](#)

[Medicare benefit: video consultations \(MBS 91167\)](#)